Ultimate Writing Routine SURVEY

TIME O F DAY

RATING

BORED NEUTRAL LIKED IT LOVED IT **TERRIBLE** Early morning (1) Late morning (1) (2) Mid Day (1) (4) (U)Afternoon Late afternoon Evening (1) Late night

DURATION

RATING

TERRIBLE BORED NEUTRAL LIKED IT LOVED IT ~ 5-10 mins (44) (4) 20-30 mins (4) (1) 40-60 mins +2hrs

Continued

LOCATION

RATING

TERRIBLE BORED NEUTRAL LIKED IT LOVED IT

At desk









Different room in home











Outdoors











Library











During commute to...











Coffee Shop











During lunch hour











In between tasks











THE SWEET SPOT

WHEN'S THE BEST TIME?

WRITING SESSION DURATION:

MOST MOTIVATING LOCATION:

THE COMPROMISE

TIME:

DURATION:

LOCATION: